



S.Y. 2025-2026 NESTLÉ WELLNESS CAMPUS HATAW SAYAW YEAR 3 DANCE COMPETITION (FOR STUDENTS)

DURATION: June 16, 2025 – March 30, 2026

OBJECTIVES

Nestlé Wellness Campus Dance competition aims to showcase the student's skills and talent in modern dance using the official Nestlé Wellness Campus (NWC) dancercise music. The competition also aims to encourage teamwork and camaraderie among the students, teachers, and parents.

ELIGIBILITY AND SCOPE OF THE CONTEST

The contest is open to students in all public elementary schools and junior high schools in the nine (9) participating regions, namely: National Capital Region, CALABARZON, Bicol, Western Visayas, Negros Island Region, Central Visayas, Eastern Visayas, Northern Mindanao, Davao Region

MECHANICS

1. All participating schools may get a copy of the dancercise music ("Tara! Sama-Sama sa Wellness") directly from the GreatFil Team, Inc. (GTI) Wellness Ambassadors in the region.
2. Only the official NWC S.Y. 2025-2026 dancercise music will be used in the competition.
3. The competitions will be composed of two categories:
 - a. Elementary School (ES) Category
 - b. Junior High School (JHS) Category
4. To join, interested public schools must submit a registration form, signed by the school head, and waiver for the student participants duly signed by the parent or legal guardian. Only one team should represent the school.
5. A team will be composed of a minimum of Forty-Seven (47) students and a maximum of Fifty (50) students. There shall only be two (2) teacher-coaches. Only the student performers must be seen in the video. A school is allowed to submit one (1) video entry per category.
6. Participating schools shall submit a video of their dance performance. The duration of the video must confer with the duration of the official dancercise music. The performers shall dance using their own interpretation, steps, choreography, and style.
7. The following are strictly prohibited and subject for disqualification:
 - a. Pyramid building, stunt, and throwing
 - b. Movements that are presented/considered as lewd, sexually explicit, and/or deemed inappropriate.
 - c. Other dangerous movements
 - d. Human props
 - e. Video editing and cuts
 - f. Use of other music
8. Entrance and exit are optional but should be within the duration of the dancercise music. Attire and props are highly encouraged.
9. Video entries submitted must comply with the following requirements:
 - a. Video must be taken within the school premises.
 - b. Dance video must be shot horizontally (landscape mode).
 - c. Video resolution must be clear and must be captured in HD or 720P.
 - d. Video should cover the totality of the dance performance of the 47-50 performers (performers' movements, routines, choreography, and others)
 - e. The camera should be steady from the beginning up to end of the performance. Video editing and cuts are not allowed.
 - f. Video recording must be done from the beginning up to the end of the performance.
 - g. No other individuals are allowed in the video except the performers.
 - h. No unnecessary or extraneous noises, comments and effects must be heard from the video.
 - i. Video submissions should have synchronized audio overlay (NWC dancercise music) to ensure clear sound quality
 - j. Non-compliance with the video and audio requirements will merit deduction.
10. The winning video entries at the Division Level (one from the Elementary School category and one from the Junior High School category) will advance to the Regional competition.

In addition, all Division Level winning videos will automatically qualify for the People's Choice Category, where they will compete for online votes at the National level.
11. The regional winners will officially represent their respective regions in the National Level Competition. They will also be given the opportunity to enhance or remake their video entry to meet national standards before final submission for the National Level judging.



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Criteria for Judging

The following judging criteria will be used to determine the winners in the Division, Regional, and National Level competition:

1. Technique and execution	Precision, control, and mastery of dance movements	20%
2. Musicality and Timing	Interpretation and synchronization of movement with the music	20%
3. Choreography and Creativity	Formations, expressions, artistic expression	25%
4. Props and Costume	Visual appeal of costumes and props	15%
5. Video Quality	Clarity, stability, sound quality	10%
TOTAL:		100%

12. **People's Choice:** There will be a People's Choice Award category. All winning entries at the Division Level will be uploaded to the NWC Homeroom FB page (facebook.com/groups/nestlewellnesshomeroom), allowing the public to provide their reactions. The top five (5) videos with the highest number of reactions in each category will be selected as the People's Choice winners.

Schools are required to provide the following details, which will be included as captions in the Facebook Group post:

- Name of the Team
- Region
- Division
- School Name
- #unique hashtag

Any reaction to the video entry, such as likes, hearts, cares, wows, etc., will be counted as one. Comments will not be counted. GTI will announce the voting period in coordination with the Division Focal Person.

Contestants and their supporters are strongly encouraged to invite members to join the Facebook Group and provide reactions to their entries. Only adults aged 18 and above are eligible to join the Facebook Group.

PRIZES

Each winner in the Elementary School and Junior High School will receive a prize package of their choice based on the total amount won. Prizes will be as follows:

Dance Showdown

I. Division Level	II. Regional Level	III. National Level
Php 5,000 + plaque of recognition	Php 50,000 + plaque of recognition	Champion Php 100,000 + plaque of recognition First Runner Up Php 50,000 + plaque of recognition Second Runner Up Php 30,000 + plaque of recognition

People's Choice Award

I. Elementary School Category	II. Junior High School Category
Champion Php 100,000 First Runner Up Php 50,000 Second Runner Up Php 30,000 Third Runner Up Php 20,000 Fourth Runner Up Php 10,000	Champion Php 100,000 First Runner Up Php 50,000 Second Runner Up Php 30,000 Third Runner Up Php 20,000 Fourth Runner Up Php 10,000

13. The decision of the judges is final and not subject to any protests or appeal.

14. NPI/GTI shall have the absolute right to change the mechanics as need arises to ensure the successful and orderly implementation of the Program upon prior notice to participants.

15. NPI reserves the right to publish and/or broadcast the winners' name, photo or likeness, and video submission/entry, for advertising and publicity purposes without monetary compensation.