



S.Y. 2025-2026 NESTLÉ WELLNESS CAMPUS DANCE MASTERS COMPETITION (FOR TEACHING AND NON-TEACHING PERSONNEL) June 16, 2025 to March 30, 2026

OBJECTIVES

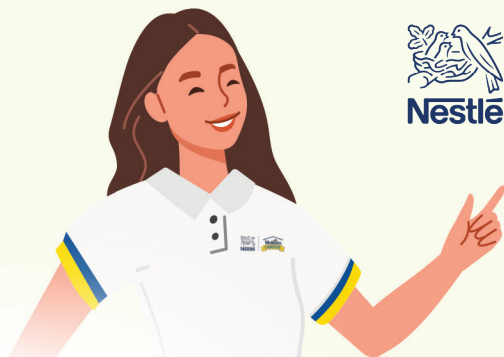
Nestlé Wellness Campus Dance Masters Competition aims to showcase the skills and talent in modern dance of teaching and non-teaching personnel using the official Nestlé Wellness Campus (NWC) dancercise music. The competition also aims to encourage teamwork and camaraderie in a school division.

ELIGIBILITY AND SCOPE OF THE CONTEST

The contest is open to teaching and non-teaching personnel in all public elementary schools and junior high schools in the nine (9) participating regions, namely: National Capital Region, CALABARZON, Bicol, Western Visayas, Negros Island Region, Central Visayas, Eastern Visayas, Northern Mindanao, Davao Region

MECHANICS

1. All participating Schools Division may get a copy of the dancercise music ("Tara! Sama-Sama sa Wellness") directly from the GreatFil Team, Inc. (GTI) Wellness Ambassadors in the region.
2. Only the official NWC S.Y. 2025-2026 dancercise music will be used in the competition.
3. Registration and Participation Guidelines:
 - a. To join the competition, interested Schools Division Offices (SDO) must submit a completed registration form, duly signed by the Schools Division Superintendent.
 - b. Only one (1) team is allowed to represent each Schools Division.
 - c. Teacher participants may come from both/either the Elementary and/or Junior High School level.
 - d. All participants must be teaching and/or non-teaching staff currently assigned in public schools within the division and/or the SDO.
 - e. Only teams that meet these criteria and submit the properly endorsed form will be officially registered for the competition.
4. A team will be composed of twenty-five (25) participants, no more, no less. There shall be one (1) teacher-coach. Only the twenty-five performers must be seen in the video. A Schools Division is allowed to submit one (1) video entry only.
5. Participating schools division shall submit a video of their dance performance. The duration of the video must confer with the duration of the official dancercise music. The performers shall dance using their own interpretation, steps, choreography, and style.
6. The following are strictly prohibited and subject for disqualification:
 - a. Pyramid building, stunt, and throwing
 - b. Movements that are presented/considered as lewd, sexually explicit, and/ or deemed inappropriate.
 - c. Other dangerous movements
 - d. Human props
 - e. Video editing and cuts
 - f. Use of other music
7. Entrance and exit are optional but should be within the duration of the dancercise music. Attire and props are highly encouraged.
8. Video entries submitted must comply with the following requirements:
 - a. Video must be taken within the school premises.
 - b. Dance video must be shot horizontally (landscape mode).
 - c. Video resolution must be clear and must be captured in HD or 720P.
 - d. Video should cover the totality of the dance performance of the 25 performers (performers' movements, routines, choreography, and others)
 - e. The camera should be steady from the beginning up to end of the performance. Video editing and cuts are not allowed.
 - f. Video recording must be done from the beginning up to the end of the performance.
 - g. No other individuals are allowed in the video except the performers.
 - h. No unnecessary or extraneous noises, comments and effects must be heard from the video.
 - i. Video submissions should have synchronized audio overlay (NWC dancercise music) to ensure clear sound quality
 - j. Non-compliance with the video and audio requirements will merit deduction.



S. Y. 2025-2026 NESTLÉ WELLNESS CAMPUS DANCE MASTERS COMPETITION (FOR TEACHING AND NON-TEACHING PERSONNEL) June 16, 2025 to March 30, 2026

9. All submitted video entries will undergo initial screening to ensure compliance with the official contest mechanics. Only entries that meet the required guidelines will be deemed qualified and will advance to the National Level competition, which will be conducted through an online voting platform.
10. Qualified video entries, will be uploaded to the NWC Facebook group (<https://www.facebook.com/groups/nestlewellnesshomeroom>), allowing the public to provide their reactions. The top three (3) videos with the highest number of reactions in each category will be selected as the winners.
11. Schools Division teams that qualify are required to provide the following details, which will be included as captions in the Facebook Group post:
 - Name of the Team
 - Region
 - Division
 - School Name
 - #unique hashtag
12. Any reaction to the video entry, such as likes, hearts, cares, wows, etc., will be counted as one. Comments will not be counted. GTI will announce the voting period in coordination with the Division Focal Person.
13. Contestants and their supporters are strongly encouraged to invite members to join the Facebook Group and provide reactions to their entries. Only adults aged 18 and above are eligible to join the Facebook Group.

PRIZES

Champion	Php 50,000
First Runner Up	Php 30,000
Second Runner Up	Php 10,000

14. The decision of the judges is final and not subject to any protests or appeal.
15. Nestlé Philippines, Inc. (NPI)/GTI shall have the absolute right to change the mechanics as need arises to ensure the successful and orderly implementation of the Program upon prior notice to participants.
16. NPI reserves the right to publish and/or broadcast the winners' name, photo or likeness, and video submission/entry, for advertising and publicity purposes without monetary compensation.